

Engaging Students with Kinesthetics



NC NTSP 2016 Fall Institute

Kinesthetics in the Classroom



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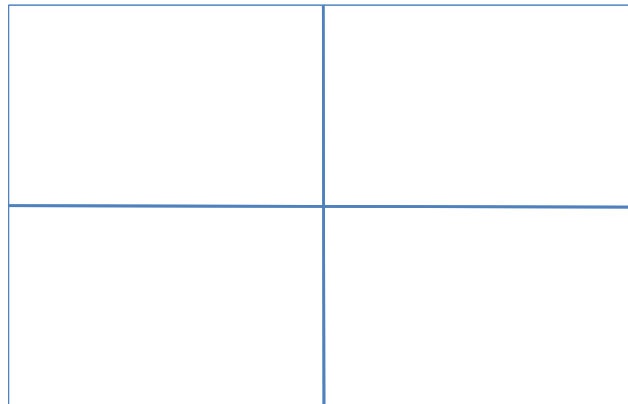
Session Outcomes



- Identify various ways to use kinesthetic activities to engage students
- Create lessons to engage students with the curriculum to assess their learning

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Preparing for Later – Draw This, Please



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Movements 1 and 2: Lento and Allegro



Math Calisthenics – High School

ELA Parts of Speech Obstacle Course
– Middle School

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Intermission: Brain Science



ROY G. BIV

but for us...

O stands for Oxygen
and G stands for Glucose

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Stations Directions



1. Get out your 2x2 box from the beginning of the session.
2. Label the boxes as you see them on the next slide.
3. You'll have about 4-5 minutes at each station.
4. At each station, try to answer:
 1. Does this involve movement?
 2. How?
 3. Would they like it?
 4. Would they learn content?

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Walk and Talk



To review a concept, have students walk with a partner and talk about what they've learned.

Participants can bring with them notes and something to write with.

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Walk and Talk for You



1. Get a partner
2. Think of a topic you're about to teach.
3. Stroll around and see if you can incorporate any movement ideas from today's session, or ideas they've inspired, into an upcoming lesson.

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Ticket Out the Door



Where are you with incorporating movement into your learning experiences?

Off and running?

Walking steadily?

Crawling, but moving?

Sitting still?

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Resources



<https://docs.google.com/document/d/13PgExUq0O4ck1AYJAmlqDu3NgQs1rH0PPDnz06OSoVY/edit?usp=sharing>