

Kinesthetics in the Classroom: Move Kids with Moving Content



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Kinesthetics in the Classroom



Tierney Fairchild, WCU Region, tpfairchild@email.wcu.edu

Susan Farrow, UNC Region, snfarrow@northcarolina.edu

Fellita Gilliam, ECU Region, gilliamf14@ecu.edu

Wayne Williams, NCSU Region, wawilli2@ncsu.edu

Session Outcomes



- Identify various ways to use kinesthetic activities to engage students
- Create lessons to engage students with the curriculum to assess their learning

Preparing for Later – Draw This, Please



Movements 1 and 2: Lento and Allegro



Math Calisthenics – High School

ELA Parts of Speech Obstacle Course
– Middle School

Intermission: Brain Science



ROY G. BIV

but for us...

O stands for Oxygen
and G stands for Glucose

Stations Directions



1. Get out your 2x2 box from the beginning of the session.
2. Label the boxes as you see them on the next slide.
3. You'll have about 4-5 minutes at each station.
4. At each station, try to answer:
 1. Does this involve movement?
 2. How?
 3. Would they like it?
 4. Would they learn content?

Walk and Talk



To review a concept, have students walk with a partner and talk about what they've learned.

Participants can bring with them notes and something to write with.

Walk and Talk for You



1. Get a partner
2. Think of a topic you're about to teach.
3. Stroll around and see if you can incorporate any movement ideas from today's session, or ideas they've inspired, into an upcoming lesson.

Ticket Out the Door



Where are you with incorporating movement into your learning experiences?

Off and running?

Walking steadily?

Crawling, but moving?

Sitting still?

Resources



<https://docs.google.com/document/d/13PgExUq0O4ck1AYJAmlqDu3NgQs1rH0PPDnz06OSoVY/edit?usp=sharing>